



Faculty fun facts: Pages 10 & 11

DELAWARE AWARE

Delaware Valley High School - Milford, Pa.

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Morgan's Message spreads mental health awareness

By FRANCESCA ANTONECCHIA
Entertainment Co-Editor

Morgan Rodgers, a Division I women's lacrosse player at Duke University, died by suicide at the age of 22. She was remembered as one who seemed to be okay on the outside but was struggling on the inside after sustaining a sports-related injury.

Morgan always dreamed of playing at the highest level the sport could offer, while earning a world-class education along the way.

During her senior year of high school, she began to experience high levels of anxiety; however, she did receive support and professional help that seemed to be beneficial at the time.

In January of 2017, just before her sophomore season in college, Morgan tore her ACL. After going

through surgery and intensive rehabilitation, she was determined to return to the field. Morgan struggled with the changes she was going through. She felt that she had lost control within her life and as a result, her self-worth plummeted. She chose to suffer in silence while she battled with her mental health issues.

Morgan's family started a nonprofit organization where they want to eliminate the stigma surrounding mental health.

At Delaware Valley, SAAC chose to spread her story and emphasize that as an athlete, there is no shame in seeking physical healthcare and the same should be true for mental healthcare.



"I think Morgan's story is really helpful and a lot of students, especially student athletes at the high school level don't talk about their mental health," SAAC adviser Mrs. Krystine Thompson said.

SAAC is selling Morgan's Message T-shirts and long-sleeve T-shirts. The money will be donated to Morgan's Message.

Sports teams at DV had dedication games where the athletes wore wristbands supporting Morgan.

"A lot of high schools run Morgan's Message through their school and I thought it could be really good for us to get involved with as well," Mrs. Thompson said.

Mock Trial defeats Pocono Mountain West

By CASSANDRA JOYCE
Sports Co-Editor

On March 1, Mock Trial won its competition against Pocono Mountain West at the Monroe County Courthouse. The team consisted of senior Sadie Subedi, juniors Michael Helt, Samara Garcia and Nasim Keys and sophomores Brooke Natter and Owen Carso.

In the trial, DV defended an obstacle course company after they were accused of gross negligence as a result of a man dying on the company's course. Subedi, Natter and Carso were defense lawyers, and Helt, Keys and Garcia were witnesses. Subedi was awarded best attorney, and

Garcia was recognized as best witness by the opposing school. All three jurors ruled in favor of DV that the defense was not guilty.

This year was the first year many members of the club were able to compete in person rather than online. This led to members developing new skills and improving their established skills to make a more well-rounded team. Subedi believes this has been the team's most successful year in her four years as a member of the club.

"I feel this is the best we have ever done. We were more prepared and worked harder than we ever have," Subedi said. "This team has great potential for next year, and I'm so proud of us."

"This team has great potential for next year, and I'm so proud of us."

- Senior Sadie Subedi

Vape detectors installed as preventative measure

By LUCAS PAULEY
Editor in Chief

In early February it was announced that vape detectors were being installed in the majority of high school bathrooms. These detectors are able to pick up odors of nicotine and THC, as well as sense loud noises.

When the vape detectors pick up either nicotine, THC or loud noises, school resource officers are alerted with a message that is sent directly to their email.

Prior to the pandemic, a vape detector had been installed in the M-hallway bathroom, but the school

did not install any more until this year.

According to chief of school police Mark Moglia, the vape detectors were primarily installed to prevent students from using nicotine or THC devices in school.

"My main goal is not to catch people, my main goal is to deter people from doing it," Officer Mark Moglia said.

Referrals written for nicotine offenses have increased this year from 15 referrals written by February of 2021 to 21 referrals written by February 2022.



Please see VAPE, Page 7

School News

CTE students show progress through projects

By LILY COSENTINO
School News Co-Editor

The Career Tech Education program has been an opportunity at DV since 1978. This program was recently rebuilt by Dr. John Bell to provide students with opportunities to practice their future careers in the best possible environment. He hoped to resemble a workspace that would match the surroundings of their future career.

Automotive

Recently in the Automotive room they have been offering the opportunity for teachers to get their cars detailed. They sent out an email to staff and asked if anyone would be interested. They charged \$10 for the interior and \$10 for the exterior. The profits went back into their program for tools and supplies.

Building

The Building students have recently been working in groups on building dugouts. The dugouts that they built will be donated to Airport Park to replace all the old ones at the many fields there. Many of the youth teams in our area have been using these fields for years and they have been in need of new dugouts for a while. Along with this, the seniors in the building

program have been working on creating their year-long projects, some students worked individually, while others worked together.

Electrical

The students in the Electrical program recently installed wiring in the culinary kitchen ceilings. The wiring went through the ceiling to provide outlets in the kitchen. They used these outlets to hook up their deep fryer and the portable induction stovetop. This stovetop takes specific wiring to be installed which the electrical students provided.

Healthcare

The Health Care program recently ran the blood drive; the health care students watched phlebotomy technicians take blood from students and faculty. The blood donations went to the Red Cross. Along with this, they recently held their teddy bear clinic where the students practiced performing checkups, X-rays and operations on the teddy bears.

Early Childhood

The Early Childhood Education program has been running their daycare all year. The daycare is offered for teachers to bring their children down to the daycare room for the students in this CTE to have the opportunity to teach and work with the

children all day. At the end of the day, students take the children back to their parents. Along with this, the early childhood students also participated in the teddy bear clinic with the young children giving the children opportunities to participate.

Culinary

The Culinary students have been working on fundraising for their program to buy more food supplies and other kitchen supplies. Their most recent fundraiser gave the opportunity to teachers willing to buy lunches from them. They were selling soft pretzels with homemade honey mustard offering different size pretzels. They also sold pizza on Fridays offering cauliflower or regular crust.

Business

The Business students have been running their store all year. The school store is usually open during all lunches and they sell DV apparel, drinks and other items. Along with running the store, they have recently started a podcast run by the students. In their podcast they feature interesting events or teachers in the school. Their most recent episodes have involved Mr. Pol, Officer Moglia, Mr. Murray, the varsity boys swim team and the varsity boys baseball team.

Guidance Corner

Juniors:

- **Take the SAT if not done already**
- **Start looking at majors and colleges**
- **Scheduling will take place soon, pick classes accordingly**
- **Start scheduling visits with colleges**
- **Plan on going to open houses**

Seniors:

- **Check out school website for college information**
- **Go to dvsd.org, click on "District Schools +"**
- **Click on "Delaware Valley High School"**
- **Click on "Departments"**
- **Click on "Guidance"**
- **Click on "College Information"**
- **Pay attention to financial aid packages coming in**
- **Final decision, deposit check and enrollment forms should be mailed by May 1**

Compiled by Nicole Steinberg

PUZZLE FUN

In this issue's puzzle fun, use the list of St. Patrick's Day words and find them in the word search. Be the first to come to Mrs. Lordi in room D4 with the completed word search to win a prize. Last issue's winner was junior, Mackenzie Donald.

T U L E P R E C H A U N D
K K I D L P F U T R I W R
S N S Q R Q E V F C S C A
V B I T M D H Q U L Y E I
Z B I X P H X X V O H R N
X U R Z I A U D Q V B Q B
T N S T P I T A E E F G O
V O X M N Y B R P R E C W
Z U E U J L S U I R S F Y
M M E B K Z M U Z C H Z G
B L U C K Y F S J P K I K
K A S F Z W K C S C J S K
S H A M R O C K S G R B X

ST. PATRICK
SHAMROCK
LUCKY
RAINBOW
LEPRECHAUN
CLOVER

Compiled by Maddie Gifford

School News

'Mamma Mia!' Cast List

Josephine Perez
as Tanya



Paige Gualandi
as Donna Sheridan



Roxy Cauchi
as Sophie Sheridan



Kadence Storms
as Rosie



Chris Fleming
as Skye



Featuring: Kyle Czekaj as Sam, Everett Zellmer as Harry, Tim Cortes as Bill, Abby Chudoba as Lisa, Morgan Frey as Ali, Caden McGoey as Pepper and Tom Russo as Eddie

Greek Chorus - Emma Jacobs, Michaela Velez, Christina Devine, Addie Del Mauro, Jasmine Lucente

Ensemble - Mia Thompson, Peiper Sivo, Jocelyn Alveari, Ashantia Dicette, Ruby Bailor, Shannon Findlay, Soren Allen, Olivia Rowehl, Sam Walzer, Zoe Sutton, Julia Boronow, Ethan Ford, Shannon Biedrzycki, Grace Myers, Madison Wehrle, Kate Yablonski, Marissa Gates, Jillian Robinson, Queenie Yang, Bradyn Ayers, Cadence Blood, Eunice Choi, Hailey Kelly, Julianna Hopper, Jeongho Koh and Tanner Stevenson

Compiled by Hailey Kelly

Inquiring Photographer

"WHAT WOULD YOU SEE AT THE END OF THE RAINBOW?"

COMPILED BY ROXY CAUCHI



"The Amalfi Coast"
Lajhia Rosario
Class of 2023



"Clothes"
Ava O'Grady
Class of 2025



"An A+ on
an AP Chem test"
Mackenzie Donald
Class of 2024



"World peace"
Ryan O'Connor
Class of 2024



"Unlimited money"
Wyatt Beheran
Class of 2023



"A Starbucks"
Ms. Lauren Flack
Faculty

Culinary students compete in chili wing cook off

BY NICKI MUSSELWHITE
Community News Co-Editor

On March 5, seniors Kylie Grunwald and Michael Stanbro participated in a chili wing cookoff at The Docks in Hawley. The cookoff lasted a total of four hours, and even though Grunwald and Stanbro didn't place, they still had a great time.

Twenty four student groups participated in this event to win a prize. First place winners won \$100, second and third place winners won trophies.

The competition supplied the wings, and the groups had to make sauces for them. When Grunwald and Stanbro arrived, they made a Korean chili sauce. After serving people behind their station, they had the opportunity to go around and try the other group's sauces.

"It was a great learning experience

and everyone was extremely supportive," Grunwald said.

Stanbro expressed a similar sentiment regarding his experience at the cookoff.

"It was a very fun experience," Stanbro said. "We didn't get to place in the events, but it was great to see all the restaurants come out to support their town, as well as all the people come out to support the restaurants they love."

Culinary teacher chef Alex Niosi said that both Grunwald and Stanbro are both very talented students who are interested in the culinary industry.

"They actively participate both in school and out of school to improve their skills and abilities," chef Niosi said. "This wing event was a fun way for students to be creative and get their hands on in the local culinary community."

Opinions

Detectors reduce crowded bathrooms

BY BRANDON MCELHANEY
Contributing Writer

About three years ago when I was a freshman, there were little to no issues with people in the bathrooms. Other than the one or two kids skipping class, the bathroom was relatively empty. More recently, that is not the case.

There are consistently multiple kids waiting to get into the stalls. When I say a few, I mean upward of double digits waiting for three stalls. Most of the time, the bathrooms are so cramped that I can barely navigate through one. Come on now, this isn't just a coincidence or an increase in students. Kids are vaping in the stalls.

Honestly, installing the vape detectors is a great

idea. I have seen a decrease in the amount of kids in the bathrooms since their installation. The only criticism I have is that the detectors talk when vapes or THC is detected. I would rather the kids not know so they can't scramble to flush their vapes. Bathrooms were being closed almost daily because kids clogged toilets with vapes and dab pens. Not only does that cause me inconvenience, but it also puts more strain on the custodians and maintenance staff who already have better things to attend to.

I have heard many different viewpoints on these newly installed detectors – some good, some bad. Almost all of the bad reviews have come from people whom I know for a fact were or are using vapes or pens in the bathrooms. If you weren't vaping in the bathroom, there would not be something to complain

about.

A suspicion that I have heard about is that there are cameras located inside the vape detectors. Believing this is the number one way to convince me that you are uneducated and probably someone who vapes every two seconds. There are so many flaws with this rumor. One, it's completely illegal. Two, who would be watching that footage? Nobody. There are many legal and liability issues that would accompany the rumor of putting cameras in the bathrooms. The school district would never entertain such a ridiculous idea.

I personally have been enjoying the lack of students in the bathrooms. Thank you to the people who made this happen – I completely approve of the vape detectors.

Gun safety: the way to prevent school shootings

BY KAYLEE KURCON
Opinions Co-Editor

A disturbing number of students have lived through school shootings, some living through two. Survivors of the Sandy Hook and Oxford shootings have come forward after facing the most recent attack at Michigan State University.

The events at MSU ended with three individuals being killed in addition to the five who were critically injured. Students have recently returned to campus in attempts to begin their healing processes, but can one ever fully heal from such a horrific tragedy?

Since Columbine, more than 338,000 children have experienced gun violence at school. This number should be alarming as young generations are combatting battles of PTSD, anxiety and depression as a result of these incidents.

Common ground needs to be established on this topic; safety is important to every single person. Gun safety is vastly different from gun control, and it is something we can all agree upon. Everyone should take a gun safety approach when dealing with firearms.

Personal opinions often get in the way of remembering the common ground of the desire for safety that everyone shares. If gun safety and funding are brought to light, one day, we can possibly live in a world where school shootings are unthinkable.

Double standards created by the NFL

BY TIFFANY GONZALEZ
Opinions Editor

Coming to the realization of what is right and wrong might be difficult and complex in the sports world, but it has to be done. When dealing with the NFL, it is noticeable that the league tends to look at only the money aspect of the sport and not the reality of one's actions.

When it comes to the NFL, the Cleveland Browns' quarterback Deshaun Watson was accused of sexually assaulting more than two dozen females, and then was given the largest guaranteed contract in NFL history given by the Browns. How is that fair? Was there really a punishment for causing such harm to these women? I personally think a change needs to happen, and it needs to happen now and be consistent throughout the league.

In addition, football player Tyreek Hill was accused of choking, throwing his pregnant wife down the stairs and brutally beating her. Hill never served jail time and was put on a mere three-year probation. The NFL ultimately decided not to punish the Chiefs star.

The NFL needs to come to the realization that discipline is necessary for these offensive actions. What message are we sending to those who look up to these million-dollar role models?

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Letter Guidelines

The Del.Aware is an administrative reviewed publication of the journalism class of Delaware Valley High School. The Del.Aware will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation.
Mail: Letters to the Opinions Editor, Del. Aware, 252 Route 6 & 209, Milford, PA 18337
Email: del.awarenewspaper21@gmail.com

Opinions

Consent is the driving force behind relationships

BY EMMA CIANCIO
Contributing Writer

In today's day and age, sexual assault and harassment is a topic that continues to come up in societal discussions. Whether man or woman, no one deserves to go through this horrid occurrence.

Sexual assault and harassment can take many forms such as verbal and physical. In all forms, the overall process of harassment and assault is dehumanizing.

While sexual assault is a criminal act, sexual harassment is only considered a "civil rights issue" as stated in Title VII of the Civil Rights Act of 1964.

In Title VII, it is stated that if a person is to violate this act, one will be fined no more than \$1,000 or is to spend less than a year in prison.

Now how is this fair? While a victim has to suffer and live with the emotional strain and trauma of having a non-consensual act happen to them, the

assaulter gets away with a small amount of jail time or fine if a court deems necessary.

Many issues with sexual assault begin with the idea of consent. Today, many believe that consent is given if they don't hear the word "no," however anything other than "yes" is not consent.

Love is not a form of consent and neither is "maybe" or "I'm not sure I'm comfortable." Many assaulters tend to use manipulation and force when it comes to the desire for sexual acts, even if the assaulted did not want to partake in these acts.

Part of having a healthy relationship will always be respect. Respect is also a huge part when it comes to consent.

Consent is something that many relationships lack. This is proven by the 66% of women and the 43% of men who come forward about being sexually assaulted and harassed. This is a demanding issue that needs to be fixed.

ILLUSTRATED BY HAZEL BURO
World News Co-Editor



OUR OPINION

Power Slap provides entertainment but needs better regulation

In January, a new show hit television across the world: Power Slap. The name is self-explanatory, as the show is a competition between two people who slap each other in close range. Although two grown men slapping each other can be entertaining at times, it needs to be regulated in order for participants to avoid long-term damage to their bodies.

Power Slap is produced by Dana White, the president of the Ultimate Fighting Championship. The show went viral when a video clip of fighter Sorin Cosma's face was disfigured after his participation in a match. This viral clip caused some backlash from the public, as many were concerned about the safety of this sport.

The president of Power Slap, Frank Lamicella, claims that his current league is safer than any other past or present ones.

"Romanian Slap League, a guy getting hit 10 times. No one called — that would never happen here because we did the right thing and got this regulated and approved by the commission," Lamicella said.

The league is approved and regulated by the Nevada State Athletic Commission. Although it is stated that it is regulated by an organization, is it truly regulated?

The only rules in place are: slaps can only take place below the eye but above the chin; fighters may not lead with their palm in order to avoid all

parts of the hand hitting the opponent's face at once; and the fighter being slapped may not flinch or tuck their chins.

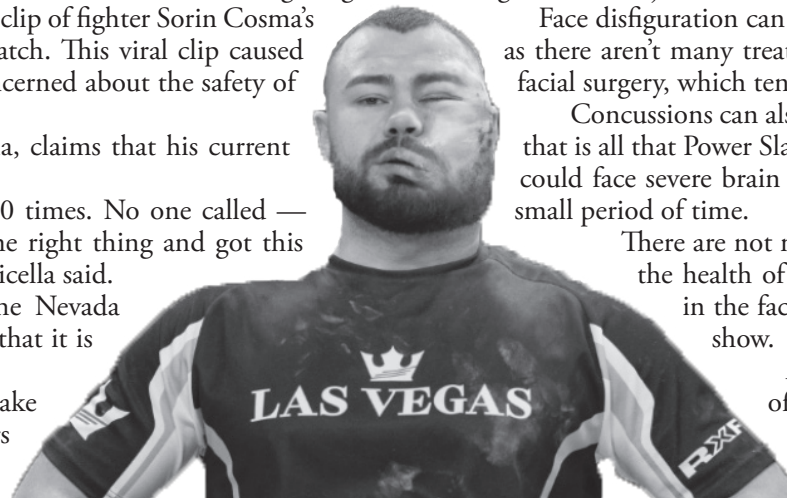
Although there is a rule in place to avoid the entire hand making contact with the opponent's face, there are not enough rules to avoid long term damage. Yes - any contact sport will have injuries since it is just the nature of the game, but face disfiguration isn't just a minor injury.

Face disfiguration can ruin one's appearance for the rest of their life, as there aren't many treatments for it. The only immediate solution is facial surgery, which tends to be an expensive procedure for patients.

Concussions can also occur from powerful blows to the head, and that is all that Power Slap is. By being repeatedly slapped, competitors could face severe brain damage, caused by repeated concussions in a small period of time.

There are not many rule changes that will end up improving the health of the fighters, as two men slapping each other in the face as hard as they can is the entire point of the show.

Although it is a dangerous sport, the amount of times two men can slap each other could be changed, as fighters go at each other until their opponents are unable to fight due to injury.





School News

DV welcomes new hall monitor, police officer

By JEONGHO KOH

Science and Technology Editor

Two new individuals recently joined the school community as high school staff members, Mr. Ricky Rosario and Officer Amanda Boyd.

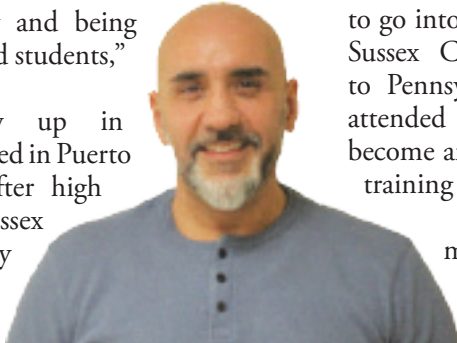
Mr. Rosario

As a DV graduate, Mr. Rosario returned to the high school and currently works as a hall monitor. Before becoming a hall monitor during the school day, Mr. Rosario used to work as nighttime security at the high school.

"I was working by myself during night hours. I am really enjoying the transition to working during the day and being around all the teachers and students," Mr. Rosario said.

Mr. Rosario grew up in Matamoras, but he also lived in Puerto Rico for some time. After high school, he attended Sussex County Community College.

Mr. Rosario loves



basketball and was a basketball player during his high school years and still occasionally enjoys playing. When he is not shooting hoops during his free time, Mr. Rosario likes to indulge in a good book. In addition to reading, he likes to write about experiences he has had in his life as an avid traveler.

Mr. Rosario plans to become a role model and work his best to make the community a better place.

"I look at the school as a big puzzle. My part of it is IA and hall monitoring, and I feel the school will be the best it can be if all the departments do the best with their piece of the puzzle," Mr. Rosario said.

Officer Boyd

School Officer Boyd always knew that she wanted to go into law enforcement. After graduating from Sussex County Community College, moving to Pennsylvania and raising her children, she attended a police academy. Her studies to become an officer involved law, physical fitness training and defensive tactics.

"You have to definitely have a mindset for it. Students had to wear the same uniform, get into formation and march to

class. My favorite days were when we were outside the classroom doing physical fitness and defensive tactics," Officer Boyd said.

She now works as a school officer in the high school and said that she is enjoying it so far.

Besides enforcing rules and keeping the school safe, Officer Boyd likes to hike, swim, fish, read and work with animals for recreation. She also has been involved in martial arts, and she is especially involved in music. She was in choir all throughout her time in high school, participated in a women's barbershop quartet after graduating and has a small acoustic band with her friend, Tommy.

As Officer Boyd continues her work, she plans to give to the school community and learn from the experience.

"It's a different atmosphere from what I'm used to but in a positive way. There's a lot more smiling and positive feedback," Officer Boyd said. "My goal is to learn how to better institute systems" and programs to help the students and be a positive influence for them."



AP Research students experiment with unique topics

By NICK GELARDI

School News Editor

Students in AP Research form a hypothesis on topics that are interesting and relevant to them, with their goal being to develop solutions for their hypothesis. Each student has his or her own individual research project, entailing a lengthy academic paper and oral presentations showcasing and explaining the solution to their work.

Senior John Lockwood is researching the perfect strategy for Monopoly Mega Edition and which properties are the most profitable.

He is developing a computer simulation of the game with artificial intelligence players, with his goal being to train an A.I. player to be capable of beating another A.I. player with random actions and wins the majority of the time. He took a special interest in researching Monopoly because of his love for it as a child and his talents in the computer programming field.

"[My project] will be created by utilizing different methods of analyzing a game and different computer methods," John said.

Senior Clint Murray is investigating the commonness of rib cage injuries in the NFL, and how the current padding is not effective enough. Clint has witnessed frequent rib cage injuries in NFL games, which lead him to question whether or not the modern NFL pads are secure and safe enough for the players.

In order to try and combat this issue and protect against rib cage injuries, Clint is designing his own rib protector that will be physically tested after getting approved. His custom-built rib cage protectors will be tested with collision tests with crash dummies, and he will even conduct a few human trials as well. The human trials will not include children and will consist of people willing and capable of receiving impact tests.

"I hope the protectors are good enough to protect the rib cage and do not reduce mobility for the players," Clint said.

Senior Rebecca McFeely is exploring the achievement gap between high school students who attended Dingmans and Delaware Valley Middle Schools. She noted how there has always been a competition coming into high school between these two schools and has been intrigued by the thought that there may be differences in how these students

were taught.

"I want to see the difference and it [my project] could help the district and students as a whole advance," she said.

Rebecca will observe the cumulative GPAs and class ranks of graduating classes from 2019 to 2022, and then divide the students based on whether they attended Dingmans or Delaware Valley. She will then use and observe statistics to try and see a trend in performance in students from both schools.

Senior Jess Rhule is looking at the educational leadership qualities between biological sex in DV secondary school staff members.

Jess is researching this issue by creating a survey that was sent to all high school and middle school teachers. The survey asked about different leadership aspects of teaching, including communication, emotional intelligence and creativity. She encourages all staff members who received the survey to complete it so that she can provide the most accurate and useful conclusion possible.

"[My project] can provide insight into what kind of leaders thrive at DV and if certain traits and qualities are better than others," Jess said.

School News

Four ensembles perform at annual benefit concert

By ROXY CAUCHI
Arts & Lit Co-Editor

On March 6, the jazz band, orchestra, chorus and band performed at the annual benefit concert. The proceeds from the concert go to field trips or extra expenses for the music department.

The jazz band, conducted by Mrs. Tina Reece, began the concert with three songs. They started off with the song "Sidewinder" by Lee Morgan and arranged by Mark Taylor. They followed that with the upbeat song "My Funny Valentine" by Lorenz Hart and Richard Rogers, and arranged by Roger Pemberton. They ended their portion of the concert with "It Don't Mean A Thing (If it Ain't Got That Swing)" by Duke Ellington and arranged by Irving Mill.

Led by Ms. Lauren Flack, the orchestra performed next. They began with "Teddy Bear's Picnic" arranged

by Bob Lipton. Next they played "Tocatta" arranged by James Higgins. Their portion of the concert ended with "The Best Of Abba" arranged by Ted Ricketts.

The chorus performed next with three arrangements being "Walk Together Children" by Moses Hogan, "I Dream A World" by Andre Thomas and "May the Lord Protect You" by Jeri Sardella.

Concert and jazz band pianist junior Shaeleigh O'Leary accompanied the chorus on the piano for "I Dream A World."

Led by Mr. Rick Bullock, the concert band,



Roxy Cauchi/Del.Aware

The orchestra performed with assistant principal Mr. Nathan Kroptavich.

followed the chorus. They began their portion of the concert with "Illumination" by David Maslanka. Following that, they played "Nessun Dorma" by Giacomo Puccini and arranged by Jay Bocook. The band ended with "Mischievous Behavior" by Rossano Gallante. Junior oboist Emma Dolcemascolo had a featured solo in "Mischievous Behavior".

To round off the concert, the concert band, orchestra and chorus joined together and performed "Superstition"

by Stevie Wonder. While they played the version arranged by Paul Langford, Mr. Bullock transcribed the music.

VAPE: Suspensions issued for those caught by detectors

From Page 1

Referrals written for THC devices have tripled from the 2021-2022 school year.

The repercussions for someone caught with a nicotine device is two days of in school suspension, police notification and a SAP referral. For students caught with a THC device, it is an automatic 10 day out of school suspension with an expulsion review.

"We've had students ask for it [vape detectors]. Students would

come out of the bathroom and report kids vaping so they would like it," officer Moglia said. "A lot of kids just want to go to the bathroom to go to the bathroom. Unfortunately some kids are there for the wrong reasons."

Assistant principal Mrs. Heather Santarelli stated that the punishment for a student caught with a nicotine device for the first time includes two days of in school suspension and police notification. For students caught with a THC, it is an automatic 10 day suspension with an automatic expulsion review.

"I don't know what more we can do. If there is anything else we can

I want to know about it," officer Moglia said.

The vape detectors are an alarming reminder of

the larger issues at hand that are facing the school and the nation as a whole.

"If kids desperately need to vape in the bathrooms, then Delaware Valley has a bigger issue than just vaping," senior Wil Salus said.

"A lot of kids just want to go to the bathroom to go to the bathroom. Unfortunately some kids are there for the wrong reasons."

- Officer Mark Moglia

DVHS sends four OM teams to Regionals

By ROXY CAUCHI
Arts & Lit Co-Editor

On Feb. 25, 18 Odyssey of the Mind teams from the Delaware Valley School District competed in the regional competition at Pocono Mountain West High School. Out of the 18, 13 advanced to the State finals.

All four high school teams advanced with the structure and technical teams taking first place and the performance and vehicle teams taking second place.

The structure team includes freshman Angie Barcia, sophomore Noelle Holderith and juniors Emma Allen, Karter Peerboom, Ben Bailor, Abby Zimmerman and Christa Cirello.

The technical team includes

freshman Ella Dong, sophomore Gryphon Fernald, juniors Owen Ruzanski and Olivia Choi and seniors Jessica Rhule, John Lockwood and Ashley McKeon.

The vehicle team includes freshmen

Maddox Rhodes, Robert Feaster and Jackson Hancock, sophomore Kara Luposello and Talon Giaccone, junior Kjartan Maher and senior Riley Hazelton.

The theatrical team includes freshman Bailey Ryan, sophomores Addie Domanico,

Brooke Natter and Matthew Schweitzer and juniors Olivia Rowehl, Roxann Cauchi and Devin Stashluck.

"Seeing the season unfold and come to life instills a sense of pride in a coach that is immeasurable," coach Joe Ziolkowski said.



Roxy Cauchi/Del.Aware

The structure team placed first in the competition, building a structure that held 730 pounds.

Community News

Fogwood + Fig: Your new weekend stop

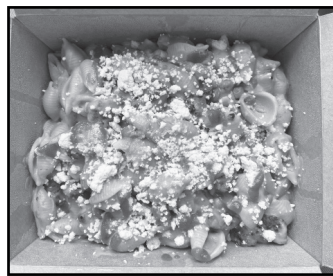
By KAT QUINN

Community News Editor

Located on Front Street in Port Jervis, Fogwood + Fig serves many tasty, yet healthy options. Something that separates this small restaurant from the others is the strictly vegan menu that they offer.

Because their dining space is limited, the restaurant gives more of a cafe style. The staff is friendly and upbeat, and I felt welcomed as soon as I walked in the door.

As for the menu, there are many typical foods that are made fresh in their kitchen and are much healthier than other restaurants. Options include: burgers, sandwiches, salads



Kat Quinn/Del.Aware

The mac & cheese was topped with cashews and coconut crisps.

and mac & cheese bowls. These common foods make this a great place to stop on a casual afternoon or on the go.

My decision to get the mac and cheese bowl with "smoky crisps" was a good one. It is topped with cashews, vegetables and smoky coconut crisps. One of their specialty desserts that I tried was their cheesecake. The desserts that are served are changed on a daily basis.

One downside to this cafe is their operating hours. They are only open Friday, Saturday and Sunday, but don't let the limited hours stop you from trying it out. Fogwood + Fig could become your favorite weekend stop.

Local clothing store offers wide variety of options

By MADDIE GIFFORD

Staff Writer

Changes By Robin located at 101 West Harford Street is a local boutique with women's modern clothing. This store has a variety of choices and special apparel for women of any age with options varying from clothes, shoes, jewelry, gifts and miscellaneous items.

The clothing varies from sweaters and boots in the winter to tank tops and sandals in the summer. They even carry a variety of formal attire and homecoming dresses. Some of the jewelry sold includes well-known brands such as Kendra Scott and Pura Vida.

Changes is a favorable store for anyone looking for any type of apparel.



Maddie Gifford/Del.Aware

Changes' table of options including different jewelry, pants, candles and other items.

This boutique stands out from other stores in Milford because of the small number of clothing stores, the festive decorations inside and outside and the friendly environment. Changes also has a selection with various items for different holiday seasons, soon to be spring Easter and St. Patrick's Day items.

It is a nice place to spend the day shopping or just to stop in and look. Changes is open seven days a week Monday through Thursday 12 p.m.- 4 p.m. Friday 12 p.m.-5:30 p.m. Saturday 11 a.m.-5:30 p.m. Sunday 11 a.m.-3p.m. During the winter, their hours depend on the weather.

"It is important to shop local and keep local businesses open," store owner Robin Russo said.

Where to go in Milford

By FRANCESCA ANTONECCHIA

Entertainment Co-Editor

Get involved and support local businesses in Milford by visiting these places.

Food:

Waterwheel Cafe, Bakery & Bar is an American and

Vietnamese fare in a warm, historic setting with a deck and restored grist mill.

BetterWorld Store & Cafe is a healthy-living store that offers organic coffee, tea and pastries and has many diet friendly options.

Relaxing:

Badea & Soul Day Spa is a place to relax and unwind with their massages and facials.

History:

Grey Towers sits on 102 acres and is filled with trails, forestry and wildlife. The mansion itself hosts educational events, walks and other guided tours.

The Pike County Historical Society & Columns Museum accumulates artifacts and archives involving people, places and events of Pike County's history.

Shopping:

Changes by Robin is an affordable women's clothing boutique that consists of a big-city-style with a hint of small town. There are also accessories that change with each season.

World News

Hidden corridor in Great Pyramid seen for first time

By **BOBBY RUSSO**
Staff Writer

Egyptian antiquities officials have confirmed the existence of a hidden corridor above the main entrance of the Great Pyramid of Giza. A video from inside the corridor shows that the space stands at 30 feet tall and 7 feet wide.

The corridor was first detected back in 2016 by an imaging technique called muography. Multiple scientists were able to see the density change inside the pyramid and analyzed how it was penetrated by the muons. The non-invasive technique detected empty space behind the north facing side of the Great Pyramid. It was about 7 meters above the main entrance in an area where a stone chevron structure was found.

During a news conference, footage was simulcast at the pyramid, which

showed the empty corridor of the walls made out of roughly-hewn stone blocks and a vaulted stone ceiling.

In response to the discovery, Mostafa Waziri, head of Egypt's Supreme Council of Antiquities, said, "We're going to continue our scanning so we will see what we can do... to figure out what we can find beneath it, or just by the end of this corridor."

"We're going to continue our scanning so we will see what we can do... to figure out what we can find beneath it."

- **Mostafa Waziri**

Despite being some of the oldest and largest monuments on Earth, there is still no consensus as to how the pyramids were built, though they remain as relevant and awe-inspiring as ever.

Wildfires ravage Chile, injuring thousands

By **MICHAEL HELT**
Science and Technology Co-Editor

The South American country of Chile has been ravaged by roughly 260 wildfires over the past month. Currently, hundreds of fires are still ablaze, with the number of controlled fires reportedly around 150.

According to investigations by the National Forestry Corporation, 25% of the outbreak is likely because of arsonists. Fifty people have been arrested in relation to the wildfires, though some cases involve either negligence or obstruction of emergency teams.

To date, 24 people have reportedly died as a result of the wildfire outbreak with nearly 2,200 others experiencing non-fatal injuries. Nearly 1,200 buildings have been destroyed and 1 million acres have been affected, leaving roughly 1,500 people displaced.

"The consequences of the fires

have been terrible," said Eduardo Jordan Villalobos, an affected technical director.

The majority of the wildfires are in the Ñuble and Biobío regions of the Itata Valley, the home to some of Chile's oldest vineyards. There is still potential for outbreaks in other regions of Chile.

"The evolution of the weather indicates that the greatest risk is in the Maule and O'Higgins regions," Interior Minister Carolina Toha said.

According to Seoul, South Korea's foreign ministry, the country will provide \$100,000 USD worth of humanitarian aid in support for the wildfire outbreaks.

"We hope this assistance helps the Chileans affected by the wildfires return to their daily lives and with their speedy recovery from the aftermath," the ministry said via press release.

Japanese birth rate hits record low, endangers population

By **JAMES ZAYATZ**
World News Editor

Many developed and established nations throughout the world are experiencing a population decline, including but not limited to: China, Russia, and perhaps most extremely, Japan.

According to The Japan Times, the last peak of Japanese births was seen at 2.09 million recorded births in 1973. CNN News claims that the total number of reported births in 2022 was 799,728. This number is the lowest recorded in any given year since the statistic was first documented, according to the Ministry of Health.

"Japan is standing on the verge of whether we can continue to function as a society," Japanese Prime Minister Fumio Kishida said in January of 2023.

Contributing to the crisis is Japan's staggering cost to raise a single child. In a 2001 article, the AIU Insurance Co. claimed that raising a child

from birth to college graduation in Tokyo, costs anywhere from 28.6 million yen to 63 million yen - \$210,053 to \$462,705 USD.

"Japan is standing on the verge of whether we can continue to function as a society."

- **Prime Minister Fumio Kishida**

"Focusing attention on policies regarding children and child-rearing is an issue that cannot wait and cannot be postponed," Kishida said.

The decline has been steady and substantial, aided not only by high living costs but, according to BBC News, easier access to contraception and lack of space and low fertility rate as well.



Source: wikimedia commons

In April of 2023, an agency dedicated to relieving Japan's child-rearing issues will be established.

Dr. Irene Lantz

While working at a music publishing company, art teacher Dr. Irene Lantz began a relationship with John Oates of Hall & Oates, the music duo responsible for hits such as “Maneater” and “Rich Girl.” Dr. Lantz describes him as sensitive, considerate, a risk taker and at first, “A guy who keeps asking me out, and I keep saying no.”



COMPILED BY LUCAS PAULEY

Mr. Jeff Luhrs

Business CTE teacher Mr. Jeff Luhrs and middle school teacher Mr. Brian Sweeney once owned two ducks when they were attending Bloomsburg University.

Mr. Luhrs named his duck “Ducksburg” and Mr. Sweeney named his “Debrickeshaw.”

“The transition [from high school to college] allowed for a lot more downtime, and we could make decisions on a whim,” Mr. Luhrs said. They only had the ducks for one week however, as the ducks messed up their college apartments. The ducks were rightfully returned to the same nearby Bloomsburg farm that they were picked up from.



COMPILED BY NICK GELARDI

Mr. Llewellyn and Mr. Jeff Krasulski have been best friends since attending Wilkes University.

Mr. Larry Marcial

Social studies teacher Mr. Larry Marcial has been teaching at the high school for 18 years, and he was a 1985 graduate from DV. In his spare time, Mr. Marcial practices martial arts and even teaches self-defense courses. He has visited over two dozen countries and tends to prefer visiting the countries along the Mediterranean coast. “I don’t get the ‘Sunday scar-ies.’ I just love teaching,” Mr. Marcial said.



COMPILED BY ROXY CAUCHI

Nine high school teachers are DV alums including: Mr. Bryan Pol, Mrs. Krystine Thompson, Ms. Kimberly Orben, Mr. Laurence Marcial, Mr. Scott Nielsen, Mr. Scott Llewellyn, Mrs. Chelsea Shatt, Ms. Marielle Cavallaro and Mr. George Gelderman.

Seven teachers from East Stroudsburg University attended Maricopa State and four teachers from Pennsylvania State University.

Mr. Rick

Band teacher Mr. Rick is a military veteran. After serving four semesters of the military, he served for a scout troop. After serving four years, he returned to finish his degree.

COMPILED BY S

Four teachers played in the marching band in high school.



Teachers at DV went to Kennesaw State University; others went to Wilkes University; five teachers at DV went to Marywood University; teachers at DV went to State University.

FACULTY

FUN FACTS

This survey received 36 responses from high school faculty. All stats were taken from those who participated in the survey.

Mr. Richard Bullock

Mr. Richard Bullock is a US Army veteran. After completing his first four years of college, Mr. Bullock entered the military. He was part of a medical unit in the Middle East for several years before returning to college to study music education.



SHAUN RYAN

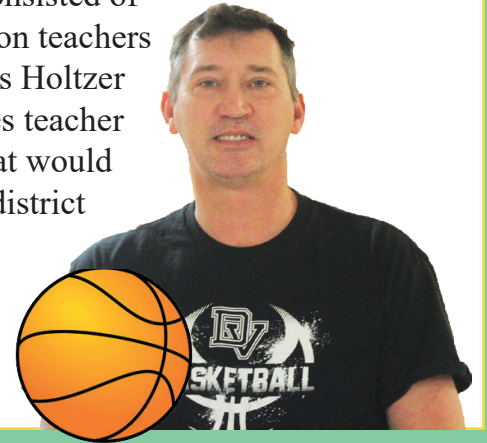
Of the teachers in DVHS, in either high school or college, five played basketball, 10 played soccer and eight played softball.



COMPILED BY TIFFANY GONZALEZ

Mr. Denis Glamann

In the school's history only 11 people have scored 1,000 points in their basketball career. Custodian Mr. Denis Glamann has achieved the accolade with 1,047 points. He was a part of a team that also consisted of physical education teachers Sean Giblin, Kris Holtzer and social studies teacher Scott Nielsen that would win league and district titles, as well as making it to the quarterfinals of the State.



COMPILED BY LUCAS PAULEY

Mrs. Molly Blaut

Guidance counselor Molly Blaut, who started at Delaware Valley in 2002, has lived an outgoing and experienced life from working as a bridal consultant to working in a psychiatric unit. During high school, she was a cheerleading captain and was known for doing 36 consecutive back handsprings across the football field. Mrs. Blaut was offered a spot as a Philadelphia Eagles cheerleader, but she ended up turning that down to attend graduate school. Which now brought her in the path of becoming a guidance counselor today. She loves her job today, and truly enjoys helping others.



Arts & Literature

Spotlight Artist: Bri Moreschi

BY NICKI MUSSELWHITE
Community News Co-Editor

Ever since senior Bri Moreschi was a little girl, she has always loved art. From a young age, Bri has always favored ceramics. She would always play with air dry clay or oven baked clay. Now that Bri is a senior, she wanted to take an actual ceramics class to get the experience of making sculptures out of actual clay. It is her senior year of high school, ceramics is her first art class taken in high school, and she needed a class to fill up her schedule.

Bri favors hand building clay over pottery



because she prefers working with her hands.

"I love sculpting faces and expressing emotion through artwork," Bri said.

When Bri starts her projects, her main focus in her pieces is mental health. She expresses this through the eyes of her artwork.

"I start out my artwork by having a vision in my head, and I want to make it relatable to the self conscious mind of people, hence through the eyes," Moreschi states she finds, "mental health aspect of her work as a coping mechanism."

Ceramics is a way for Bri to relax and just sculpt. She wants to show mental health



Contributed Photo

Senior Bri Moreschi expresses that through the eyes of her work, one can see the soul.

progress through her work.

"Art is 10% skill and 90% progress; you can really see her advancing and moving forward as an artist," Mrs. Tusinean said.

awareness through her pieces to get the message out. She wants others to see how important mental health awareness is to her.

"Mental health is extremely crucial to be talked about. Through the sculpture's eyes, it shows the struggles within people and gives an understanding of their suffering," Bri said.

According to ceramics teacher Mrs. Maria Tusinean, Bri preserves and always accepts the challenge of new artwork. You can see her

Spotlight Writer:

Jacquelin Pichardo

BY CASSANDRA JOYCE
Sports Co-Editor

Jacquelin Pichardo is a senior in English 12 who has been recognized for her exceptional writing.

"Jacquelin takes her academic writing very seriously," English teacher Mr. Ernie Sandonato said. "Her essays are always written with mature and poignant language, and she has the ability to clearly

communicate her ideas with sophistication."

Jacquelin's favorite type of writing is nonfiction and fiction essays. Instead of

prewriting, she prefers to think about her assignments as she is writing. AP English Language and Composition is the class she believes has helped develop her the most as a writer as it helped her with word choice, writing quicker and overall as a writer.

"It doesn't surprise me that she was chosen as spotlight writer because her

work was always interesting to read," her AP English Language and Composition teacher Ms. Sarah Fitzkee said. "Her essays were original and inventive. She uses language well."

Her favorite essay she has written was her admission essay for Penn State that helped her get into the university. In that essay, she discussed overcoming mental health issues and obstacles in her life.

"I want to be a vet, and what I've learned has helped with college essays and overall getting into college," Jacquelin said.

Even though she is being recognized for her writing talent now, Jacquelin has been a standout writer since sophomore year in Honors English 10 with Mrs. Crystal Wummer.

"Jackie was always a polite and hard-working student. Her strong writing skills made her stand out as a sophomore," Mrs. Wummer said.

"Her essays are always written with mature and poignant language, and she has the ability to clearly communicate her ideas with sophistication."

- Mr. Ernie Sandonato

Spotlight Musician:

Celi Denhalter

BY SHAUN RYAN
Entertainment Editor

Celi Denhalter is a senior violinist who has been playing her instrument for over 10 years. She started out in second grade and has been in orchestra ever since.

Along with music, Celi is involved with other extracurricular activities like varsity soccer and National Honor Society.

"Going to orchestra and being able to play music during the day is important. It brings me peace of mind and a little escape," Celi said.

Although Celi has performed many musical pieces over the years, her favorite is "Entrance of the Queen of Sheba" by G. F. Handel.

Orchestra director Ms. Lauren Flack credits Celi as a

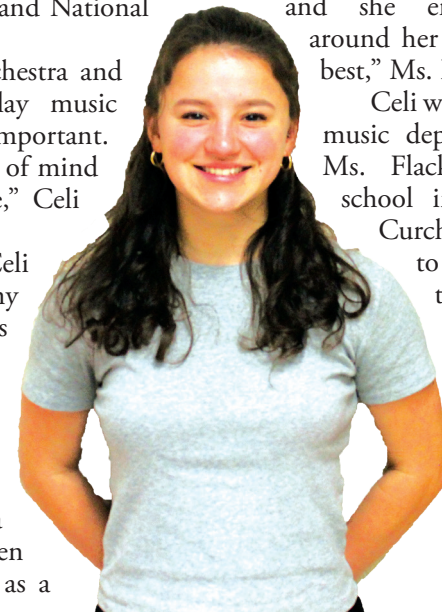
strong musician and team player. She is always willing to give students a helping hand.

Celi participated in choir in middle school and has performed in the Marywood University Orchestra Festival several times.

"I am constantly impressed by her dedication to both soccer and orchestra. Her positivity is contagious, and she encourages everyone around her to do their absolute best," Ms. Flack said.

Celi would like to thank the music department, specifically Ms. Flack and her middle school instructor Mr. Ryan Curchoe, for inspiring her to continue playing all these years.

She signed with Misericordia to play Division III soccer and study health sciences.



Arts & Literature

American Visions nominees await for Nationals

BY NICOLE STEINBERG
Managing Editor

The American Visions Award is an award given to the most creative and artistic student on the national level.

Each region of Pennsylvania nominates five artists who will showcase their art to several judges.

Out of the five regional artists selected, two are from Delaware Valley. Seniors Sage Henry and Angelina Roberts were selected.

Henry's piece depicts her face with hands around them. She said that she likes to experiment with different mediums, trying a bunch of colors and materials to give the perfect look to a piece. To her, the piece can be seen in many different lights and is up to interpretation from the audience.



contributed photo
Senior Sage Henry's piece is called "Jousting the System."

"I like to try new things and different colors," Henry said. "I also left it up for interpretation from the audience."

As for moving onto Nationals, she said that she is excited for the opportunity but also nervous.

Roberts' piece is a pair of earrings

made out of legos and wire. They took about two weeks to fully prepare.

"I enjoyed making the earrings because they allowed me to express my creativity and get to explore the working of jewelry in a fun way," Roberts said.

Roberts is grateful for the opportunity to make something that will be on display for hundreds of people to see.

"I am honored that I got to win the Gold Key Award and American Visions Award," she said. "I hope that I get the opportunity to continue to create more jewelry pieces."

AP Studio Art teacher Tricia Kaylor is optimistic about the students' chances of winning on the national level.

Smithsonian/MTV introduces 'The Exhibit'

BY HAILEY KELLY
Arts & Lit Editor

The Smithsonian's Hirshhorn Museum has partnered up with MTV to launch a reality television art competition called "The Exhibit: Finding The Next Great Artist" which will air on MTV and the Smithsonian Channel. The winner of the competition will receive \$1,000,000 and a solo exhibition at the museum.

The Exhibit premiered March 3 at 9 p.m. on MTV and was aired March 7 at 9 p.m. on the Smithsonian Channel. It is a six-episode series that

follows seven modern artists from around the United States as they

compete to create commissions for the museum.

The competitors include a Miami native performance artist Jillian Mayer, an Atlanta-based artist and printmaker Jamaal Barber, a Chicago-based painter Jennifer Warren, a painter from Santa Fe Frank Buffalo Hyde. The last three competitors are all from New York: sculptor Misha Kahn, sculptor/performance artist Baseera Khan and painter Clare Kambhu. MTV News' Dometi Pongo will host the competition and Hirshhorn Director Melissa Chiu will be the lead judge.

The artists have six weeks to conceive and plan their work, though not actually construct it. When the six weeks are over, they only have 10 hours to create a piece of art and install it.



source: smithsonian magazine

The Exhibit hosts seven artists. The winner will receive \$1 million, and their artwork will be displayed in the Hirshhorn Museum.

Fashion Aware: Yoga Pants

BY KAYLEE KURCON
Opinions Co-Editor

After a long hiatus from the fashion world, flared yoga pants have officially made a comeback.

These pants have become so popular because of their versatility. With yoga pants you can dress down in a more comfortable and athletic outfit, or you can dress it up and make a trendy and stylish outfit.

There are so many different styles of yoga pants now: crossover waistbands, high waisted, low waisted, fold-over waistbands and extra flared. All of these options make for a universal pant that can flatter anyone.

Yoga pants stretch well and are snug to the body in a way that compliments a variety of body types. Because they fit so snug, they tend to make people feel better about their body shapes and boost their confidence.

In a post-pandemic world where people are

learning to take care of themselves and prioritize comfort and health, athleisure wear has become a rising trend. Whether on the way to the gym or lounging at home for a restful day, yoga pants offer comfort while still being chic.

You can find these pants pretty much anywhere now. Popular stores Gen Z customers buy from include Aerie, Lululemon and Alo Yoga. While these stores can get pricey, you are guaranteed a good quality pant. More affordable options can be found at Walmart and Amazon.

If you're looking to be cute and comfy, yoga pants are the way to go. They are flattering, easy to find and will never fail to make a stylish outfit.



Entertainment

A24 sweeps 95th annual Oscars ceremony

BY SHAUN RYAN
Entertainment Editor

The 95th Academy Awards ceremony was held on March 12 in Los Angeles, California, and it was hosted by late night talk show host Jimmy Kimmel.

Critically acclaimed movie studio A24 took home Oscars in all five major categories. "Everything Everywhere All at Once" swept with seven wins, more than any film that night.

Brendan Fraser took home Best Actor for his role in "The Whale." Michelle Yeoh won Best Actress for her role in "Everything Everywhere All at Once," marking her Asian actress to earn this award.



Jamie Lee Curtis and Ke Huy Quan were also awarded for their performances in "Everything Everywhere All at Once," with wins in Best Supporting Actress and Best Supporting Actor. Quan won this award after his almost 20-year hiatus from acting. He delivered a heartfelt speech that was a highlight of the night.

Along with the acting accolades, "Everything Everywhere" also won Best Original Screenplay, Best Picture, Best Editing and Best Director.

To much surprise, "The Banshees of Inisherin" did not take home any Oscars despite being the second most awarded film this awards season.

'Cocaine Bear' falls short of expectations

BY LUCAS PAULEY
Editor in Chief

When a 500 pound black bear unintentionally ingests cocaine, a group of criminals, cops, tourists and more are terrorized by the world's deadliest apex predator.

Like director Elizabeth Banks's previous attempts at genre comedies, "Cocaine Bear" only ever feels like it is skimming the surface of entertainment. The movie takes the easiest routes possible to invoke a reaction from the audience, whether it be mild laughter from an easy joke or lame shock from the

admittedly impressive gore.

The plot is fumbled along by a string of bland characters whose names you will forget the moment you leave the theater.

A boring plot could be excused for a movie such as "Cocaine Bear" if it could deliver on the cocaine bear itself. Unfortunately, it fails to juggle comedy with horror, with the bear never feeling like a ferocious beast.

Although the movie does not demand high expectations with its wacky plot, it still manages to let viewers down, turning a fun night at the movies to an evening of checking your phone to see how much time is left.



Source: TheNewYorkTimes
'Cocaine Bear' is based off of a real 175-pound black bear that overdosed on cocaine in 1985

New 'Ant-Man' film proves to be an overstuffed, disjointed mess

BY BOBBY RUSSO
Staff Writer

Marvel's new "Ant-Man and the Wasp: Quantumania" seemed to have mixed reviews from fans all over. The movie also obtained the lowest ranking in history for Marvel movies on Rotten Tomatoes. Despite the low rating, it still received a four-day opening of \$120 million, which is one of the best showings ever for a movie released during President's Day weekend. It is only the second time a Marvel Cinematic Universe Film has earned a negative review from Rotten Tomatoes rating.

Within the first 15 minutes of the movie, Ant-Man, the Wasp and their family get pulled into the Quantum Realm and have to rebel with new aliens, tribes, smugglers and other alliances. Once in this strange new universe, the family is split up and forced to interact with the creatures and people of this world.

Meanwhile, Kang the Conqueror tries to stop the family from returning to Earth. The family, along with the friends they have made along the way, attempt to extinguish Kang's efforts.

Most of the ending consisted of fighting between Kang and Ant-Man's family. At the climax of the conflict, Kang almost escapes back to Earth and Ant-Man's universe. In the end, there was a ton of fighting and the movie was heavily reliant on CGI.

I thoroughly enjoyed the visual effects during the movie and loved the deep venture into the micro-universe of Kang the Conqueror. At the same token, I didn't love the CGI effects and did not enjoy the orange and purple effects.

Kang's appearance was mind blowing, and I hope that in the future, we see him again with this realistic look. As it turned out, Kang, played by Jonathan Majors, was a dangerous, imperious, all-powerful being who had been exiled to the Quantum

Realm from his own world. Majors and Ant-Man, played by Paul Rudd, had a good connection in the movie and kept it appealing from start to finish. At some points, he felt unbeatable, and from the opening scene, it felt like he took over the movie.

Most of the movie is undercooked, has too much action and feels like an adventure movie with tons of ups and downs. The film's biggest problem is that "Quantumania" feels more like a building block for the MCU than a stand alone film.



Entertainment

R. Kelly receives sentence for child sex crimes

By NICK GELARDI
News Co-Editor

Former R&B singer R. Kelly was handed an additional 20 year sentence in a Chicago courtroom on Feb. 23 after U.S. District judge Harry D. Leinenweber and the jury found him guilty of child pornography and enticement of a minor. He was convicted of six out of 13 different charges including counts of sexual abuse in the 1990s, coercing minors into sexual activity and producing sex tapes involving a minor.

Many people are conflicted about the verdict however, because Leinenweber revealed that 19 years of the sentence would be served concurrently as the previous 30-year sentence that Kelly received for a conviction of racketeering and sex trafficking charges in 2021. Prosecutors argued and had asked for R Kelly to receive a 25-year sentence on top of his 30-year sentence.

“The only way to ensure he will not re-offend is to impose a sentence that will keep him in prison for

the rest of his life,” one of the prosecutors Jeannice Appeneng said.

The defense argued that Kelly was likely to die in prison either way, and even if he did not, he would be unlikely to offend again. Leinenweber agreed with these claims, saying in court that he did not believe Kelly would commit these same crimes in his 80s.

The singer was tried alongside two co-defendants, his former business manager Derrel McDavid and his associate Milton Brown. Both co-defendants were found not guilty on all charges.

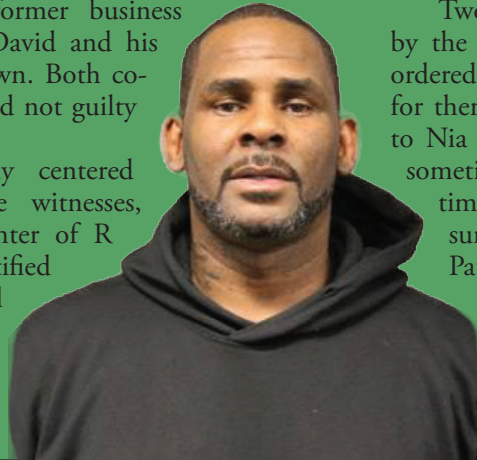
The trial mostly centered around one of the witnesses, the former goddaughter of R Kelly who was identified as an underage girl being abused in three videos which were shown to the jury. Going by

the pseudonym “Jane,” she testified that Kelly first engaged in sexual acts with her when she was fourteen. She emotionally described how Kelly’s sexual abuse towards her has affected her life in a statement that was read by her lawyer Christopher Brown.

“I’ll never be able to unsee the child pornography. No amount of therapy will make me normal,” Brown said on the behalf of Jane.

Two other women also testified in court, going by the pseudonyms Pauline and Nia. Leinenweber ordered Kelly to pay Pauline \$42,000 in restitution for therapy bills but denied the same compensation to Nia and Jane. Pauline had testified that she was sometimes sexually abused by Kelly at the same time as the goddaughter, leading to questions surrounding Leinenweber’s decision to only give Pauline the compensation.

Kelly remained mostly silent during his sentence hearing, meaning that when taking into account a possible early release from prison on good behavior, he could walk out of prison in his late 70s.



‘Outer Banks’ soars to number one

By TIFFANY GONZALEZ
Opinions Editor

“Outer Banks” is a Netflix series that has surged in popularity over the last couple of years. Season one of the show came out in 2020. Within the last few weeks, the popularity of the show has risen as season three came out on Feb. 23. “Outer banks” is ranked right now number one on netflix’s top ten.

While season three of the series has been heavily filled with flashbacks to keep the momentum going, it still keeps the viewers on the edge of their seats. The cast’s current salary is likely in the \$20,000 to \$80,000 per-episode range. In December of 2021, the series got renewed for a season three, which

came out two weeks ago, and the show has recently been renewed for a fourth season.

“Outer Banks” over-the-top drama is balanced out by a strong sense of adventure that’s bound to hook those looking to capture that summer feeling as well. The show is filled with a group of young teens who face conflicts throughout their way of finding lost treasure. While the group of teens spent all of season one and two looking for the Royal Merchant, things change entering season three as they continue to look for the Cross of Santo Domingo and the lost city of gold, El Dorado.

While season three was still very adventurous, my favorite season of “Outer Banks” was season two, and I’m not sure they can beat that. Guess we’ll just have to wait and see what they bring for season four.



Theories say Earth is hollow

By MICHAEL HELT
Science and Technology Co-Editor

Since the 1600s, people have theorized that Earth may be hollow beneath its surface. While studies involving Earth’s density reject this idea, several people still believe that the theory may be true.

The hollow Earth theory originally arose in the 17th century. The theory proposes the existence of an underground civilization called Agartha, consisting mostly of nephilim, or giants.

The theory suggests that there may be several entrances to the underground across the globe. One place commonly believed to be an entrance is Asia’s Himalayan mountain range. Believers say that zombie-like creatures often exit this passageway.

According to some 19th century theorists, the Northern Lights phenomenon is due to gasses escaping these entrances. This belief isn’t as widely held anymore, as modern

scientists attribute the phenomenon to electrically charged atmospheric particles.

Another entrance to Agartha is believed to be in Antarctica. This theory has arisen primarily due to information recorded by Admiral Richard E. Byrd, the first person to fly over the South Pole. Many believe that Admiral Byrd’s research contains factual information regarding Antarctic abnormalities, including civilizations.

The most modern accepted theory surrounding Agartha includes Germany during World War II. Theorists believe the German military relocated to Antarctica in search of Agartha. This is backed up by alleged German U-boat sightings on the Antarctic coast.

While modern science widely rejects these theories, some people still believe that Agartha, and all of its secrets, is real.

Science & Technology

What's in your drink?: *Prime*

BY MADDIE GIFFORD
Staff Writer

Prime is a new popular drink that is a combination of energy drinks, sports drinks and drink mixes. This drink is made by Prime hydration, LLC, and partially owned by Youtube influencers Logan Paul and KSI.

There are two different types of Prime, Prime Energy and Prime Hydration. Prime energy is a carbonated beverage with flavors such as orange mango, while Prime Hydration is not carbonated and has meta moon, ice pop and grape flavors. Both energy and hydration share the flavors lemon lime, tropical punch, blue raspberry and strawberry watermelon.

Three main ingredients in both drinks include sucralose, acesulfame potassium and L-isoleucine. Sucralose and acesulfame potassium are both fake

sugars that are found in a variety of foods and drinks but it is not the best for your health and body. Both are a substitute for sugar and while people think it's better for you, it still is not a healthy alternative for normal sugar. L-isoleucine helps with protein intake and metabolism, but there are maybe downsides to it. This could cause low blood sugar, hair loss, skin lesions and gastrointestinal issues if too much is consumed or taken daily. With Prime having different flavors, it comes with different colors and artificial food dyes. In most drinks, Red Dye 40 and Blue Dye 1 are the main ingredients, but Prime is free of artificial food dyes and flavors.

While Prime still does have fake sugars, which is a hot topic in the health world, Prime is still a healthier drink than many other energy and sports



drinks like Gatorade and RedBull. Prime's first ingredient is coconut water which is very beneficial for your body and recommended by many health professionals. Although it is considered an energy drink, there is no caffeine which parents are happier about for a kids sport drink. Prime contains many vitamins and nutrients including Vitamin E, Vitamin A, Vitamin B-6 and Vitamin B-12. While people may be skeptical about Prime, it is a better alternative for athletes or just a drink for more nutrients and proteins.

Scientists predict Venice will become underwater city

BY KAT QUINN
Community News Editor

In a recent research study, scientists have determined how soon Venice, a popular city in Italy, will become a permanently flooded city. They have come to this conclusion because of the almost 6 foot anticipated rise of water in the Mediterranean Sea in the next 100 years.

Climate change has affected many aspects of our world; sea level is one of them. The high amounts of

greenhouse gasses in the atmosphere raise the Earth's temperature and cause the oceans to expand. These past winter months, Venice has been experiencing some of the highest flooding rates that they have had in the last several years. Every winter, raised walkways are built temporarily so that people are still able to walk around.

Venice is experiencing the upper limit of the tidal range, which is causing severe flooding, a problem that won't particularly go away with time. The average sea level surrounding Venice has risen around a foot since it was first recorded, in 1872. Recently, they were able to build and place barriers to prevent another historic flood, but these barriers can only do so much. Researchers predict that they will not protect this city for much longer due to the prominent rise in global temperatures and sea level.



Source: mountainpix/Shutterstock

Stilted sidewalks have been built for pedestrians to walk through the city.

Dry scooping: A deadly fitness trend

BY JAMES ZAYATZ
World News Editor

Dry scooping is a phenomenon that has recently picked up traction on various social media networks, primarily TikTok. To dry scoop means to consume pre-workout or any other sort of powder supplement without the use of water. Those who do this claim it has increased effectiveness during physical activity as opposed to diluting the supplement with water, as directed.

Typical pre-workout contains large amounts of caffeine, some upwards of 400mg of caffeine in a single scoop - equivalent to four cups of coffee. Not only do the supplements contain caffeine but also highly concentrated amounts of vitamins and minerals. The sheer amount of caffeine consumed at one time is enough to induce a heart attack in some individuals, according to dietitian Kate Patton.

"Dry scooping can have serious health effects, including issues with inhalation, cardiac abnormalities and digestive

issues," University of Toronto assistant professor Kyle T. Ganson said.

Diluting any supplement as instructed is crucial in balancing the body's digestion rate, as well as managing the speed at which the body reacts to any supplement's ingredients, according to the Cleveland Clinic. The chance of cardiovascular and/or respiratory issues is significantly reduced when using such products correctly, meaning this trend should be well-avoided.



Source: stockvault

Workout supplements are not needed to see results in the gym, but they do help when consumed safely.

Prepping For Prom

Compiled by Nicki Musselwhite

HAIRSTYLES

- Low bun with a twist or braid
- Crown braid
- Half up half down textured braid
- Cornrowed bun
- Curly low ponytail

HAIR PLACES

- Second Street Salon
- Shear Beauty
- Stacey's Hair Designs
- Beauty Creations



MAKEUP LOOKS

- Clean girl makeup
- Dramatic cat eye
- Smokey liner
- Metallic eyelids
- Smokey lids
- Colorful wings

MAKEUP TIPS

- Use your prom dress as makeup inspiration
- Practice beforehand
- Bring lash glue and lipstick to prom with you



IDEAS FOR NAIL STYLES

Most girls want their nails to match their dress perfectly, but some also might have the idea to make their nails stand out and pop differently with the dress.

- White acrylic French tips is simple but elegant
- Glitter nails are trendy this prom season
- Almond or coffin shaped nails
- White French with a design
- Regular gel mani
- Simple pedicure



Compiled by Tiffany Gonzalez

PROMPOSAL CONTEST

The Del.Aware staff is holding its sixth annual promposal contest. Voting will take place the week of April 24. Winners will be announced on April 28. Send your most creative and thoughtful promposals to @Del.Aware on Instagram. Please remember inappropriate admissions will be disqualified.



Contest Details:

Deadline: April 23

1st place: Two prom tickets

2nd place: \$25 gift card to Naked Bagel

3rd place: \$15 gift card to Dunkin'

Compiled by Nicole Steinberg

CINDERELLA'S CLOSET

Looking for attire, shoes or accessories for Prom?

Stop by the new gym from 10:00 am - 12:00 pm on March 25 or D4 at any time to get all your prom necessities!

Compiled by Sophia Ball

DRESS ADVICE

- Popular colors this year are bright/spring colors like pink, orange, yellow and lilac.
- Many ideas for a dress style are sheer corset dresses, mermaid gown dresses, ball gowns and open back dresses.
- If you see a dress you like but you think it needs something more, you can put your own shimmer by gluing on sequins, glitter or feathers.

TUXEDO ADVICE

- Black with a white shirt is the most common, but to change it up a white, gold, navy blue or red suit could be a unique choice.
- There are quite a few styles: a pale carmine tuxedo, a printed tuxedo and a shawl lapel tuxedo.
- Each tuxedo has a different variation of pockets, collars and buttons.

TIPS TO SAVE MONEY

- Start shopping early
- Press on nails instead of acrylics
- Prioritize what you need vs what you want
- Try a two-piece prom dress to get an extra bang for your buck
- Do a simple hairstyle, so you don't have to pay someone else to do it
- Do your own makeup or get a friend to do it
- Rent a suit instead of buying one
- Utilize Cinderella's Closet
- Drive yourself to prom instead of renting a party bus or limo



Compiled by Tiffany Gonzalez

RESERVATION CHECKLIST

- Tanning (Crown & Coat)
- Corsages (Laurel Grove Florist, Price Chopper Floral)
- Nails (Crown & Coat, TLC Salon & Spa)
- Party bus (The Limo Guy of NEPA)
- Hair (Second Street Salon)

Compiled by Nicki Musselwhite

ACCESSORIES

For Dresses

- Shoes
- Earrings
- Bracelets
- Necklaces
- Rings
- Anklets
- Clutches
- Hair Pieces
- Gloves
- Corsages

For Tuxedos

- Shoes
- Bow ties/ties
- Vests
- Cufflinks
- Boutineer
- Handkerchief
- Rings
- Earrings
- Necklaces
- Watch

Compiled by Sophia Ball



Sports

Boys, girls swim and dive end season as district champs

BY CASSANDRA JOYCE AND SHAUN RYAN
Sports Co-Editor and Entertainment Editor

On March 3 and 4, the boys and girls swim and dive teams won the district championship at Wilkes-Barre Area High School. The girls ended with a record of 8-1, and the boys went 7-0-1 for the season.

Boys Swim/Dive

The boys swim and dive team ranked first at the PIAA District 2 AAA swim championships and placed first in their league. The Warriors competed against eight other schools and scored 314 points overall. They ended their season with an undefeated record, 7-0-1.

Senior Keith Sublett is the only swimmer who will move on to States. He is also the only athlete from DV to place first in their event, the 100 yard

breaststroke.

Sophomores Liam Fass and Tyler Ingraham placed high in their respective events, showing major improvement since the beginning of the season.

Standout divers throughout the season include sophomore Luke Peereboom and freshman Sebastian Zakiewicz.

Head coach Chelsea Shatt would like to mention the seniors who will be missed next year: Jake Manning, Keith Sublett, Eddie Nieves, Dan Matyushin and John Lockwood.

“We are losing a lot of depth and speed,” coach Shatt said. “They will be sorely missed.”

Girls Swim/Dive

Girls swim and dive placed first in the district and second in the league.

The 200 yard medley relay team of freshman Kate Prior, juniors Anaya Ruiz and JoAnn Jagger

and sophomore Olivia Cruz kicked off the meet with a second place finish and a time of 2:01.20. Ruiz placed third in both the 50 yard freestyle and the 100 yard breaststroke with times of 26.03 and 1:14.05, respectively. Jagger received third place in the 100 yard butterfly with a time of 1:03.97. The 200 yard freestyle team of Prior, Ruiz, Jagger and Cruz placed third with a time of 1:48.16. The 400 yard relay team of senior Maggie Holderith and sophomores Eva Bogusta, Michelle Zakharova and Payton Yakupcin finished the meet strong by placing third with a time of 4:12.53.

Sophomore Etain Starr led the divers by coming in fifth with a score of 191.80.

“These athletes give up so much of their time for practice and meets, and I am happy that their hard work paid off with so many time drops and wins at the end of the season,” head coach Chelsea Shatt said.

Boys wrestling finishes with 16-5 record

BY FRANCESCA ANTONECCHIA
Entertainment Co-Editor

The boys wrestling team ended its season 16-5 and finished top 12 in the state tournament.

“It has been a really great season, overcoming a lot of adversity and getting to the team state tournament and finishing in the top 12 in the state is definitely a highlight for us,” head coach Lou DeLauro said.

The team beat Abington Heights in order to make it to the state tournament where senior CJ Walton and junior Aiden Black were district champs, and senior Landon Machado took 2nd place.

“Landon wrestled phenomenal against a top kid in the state and was within seconds of beating

him,” coach DeLauro said.

For the individual competition season, Walton, Machado and junior Dom Moyer took 5th place at Regionals, and Black is moving on to States.

Black competed in the PIAA AAA championship on March 9-11 in Hershey and placed in the top 16.

Seniors AJ Dierksen, Walton, Brennan Colville, Machado, Jesus Cuevas, Ray Polhill and Zac Jacaruso seasons came to an end.

“When some of the wrestlers’ seasons ended, and I know it hurts them, but it definitely hurts me as a coach because they have become a part of the wrestling program and my life as a coach so it’s tough losing them,” coach DeLauro said.

The boys will go to Nationals in Virginia Beach to further their individual seasons.



Several wrestlers move on to state competition

BY AIDAN MCBRIDE
Sports Editor

On March 5, the girls wrestling team competed in the Northwest Regional Tournament at Milton High School in Central Pennsylvania. There were 30 teams that competed at this tournament, and the Warriors came in second place. There were six wrestlers who qualified for a spot at States.

The six state qualifiers are seniors Sarah Seltzer and Alyssa Jones and sophomores Andrea Boronow, Juliet Fitzpatrick, Victoria Depew and Olivia Montanino.

Many accomplishments were made recently by several Warriors. Seltzer won her 50th match against Easton, and she also earned her 50th pin in the tournament on March 5. Montanino made DV history, as she is the first female wrestler from the school to become a regional champion.

“She did great,” said head coach Evan Bates.

According to coach Bates,

Boronow had an excellent performance in the tournament. He described her as a “dark horse” who performed very well in order to earn her state qualification.

As the season for team play comes to a close, coach Bates said that he is very proud of how the girls have come together as not only a team but as a family throughout the season.

“Every individual win felt like a team win for them,” coach Bates said. “Even when they lost, everyone would encourage each other to keep their heads up. One of the best things was to see them grow as people, as well.”

Now with over 100 schools participating, the PIAA has started the process of voting girls wrestling to be an official league sport.



Sports

Boys, girls basketball lose to Williamsport

BY SOPHIA BALL AND LUCAS PAULEY
Sports Co-Editor and Editor in Chief

Both basketball teams ended their seasons with losses to the Williamsport Millionaires. The girls lost in the first round of playoffs, and the boys ended up losing one round later.

Boys Basketball

Ending their season with a 10-14 record, the Millionaires defeated the Warriors 77-36 on March 1.

“We struggled but for the most part the kids competed,” head coach Kris Holtzer said.

Senior Jake Brower scored 18 points, and senior Tye Irving pulled down 8 rebounds.

Brower led the team in scoring this season, scoring

a total of 334 points. Senior Ronnie McManus scored 254 points throughout the season. Junior Chris U’Glay averaged 6.8 points per game, and sophomore Isaiah Berrios averaged 7 points per game. McManus also added a total of 78 assists.

According to coach Holtzer, the standout players throughout the season were McManus, Brower, Irving, Berrios, U’Glay, junior Tommy Parker and sophomore Logan Olsommer.

“We had a lot of fun this season, even though it was up and down. I’m glad I got the opportunity to experience DV basketball,” Irving said.

Girls Basketball

The girls basketball team’s season came to an end with a 54-18 loss to Williamsport in the first round of

district playoffs. The loss brought their season record to 3-20.

Throughout the season, the team was led offensively by sophomore Ciara Newton who scored a total of 117 points. Newton and junior Emma Dolcemascolo made six three pointers this past season. Dolcemascolo also led the team in assists with 13. Other players to score more than 50 points include freshman Brianna Waldron with 57 and junior Lily Cosentino with 55.

On the defensive end, Newton also led the team with 26 out of the team’s 89 season steals. Waldron led the team in rebounds with 21 offensive and 52 defensive rebounds, followed by Newton with 66 total rebounds.

Competition cheer ends its season at Nationals

BY TIFFANY GONZALEZ
Opinions Editor

The competition cheerleaders traveled to Disney World for their national competition for the first time in three years. There were 110 teams in the varsity small division, which was broken down into six different panels. The girls competed against 20 teams in their specific category. According to head coach Jen Marchetti, seniors Alexis Grimes and Jennie Kupinski will be missed next year.

“Both on and off the mat, we had a successful season from hyping up school spirit to advancing to the state finals,” coach Marchetti said. “I couldn’t have asked for more.”



Contributed photo

The cheerleaders visited the ESPN Wide World of Sports complex while in Florida for their competition.



Contributed photo

The team celebrates their successful season by spending their final night in Magic Kingdom.

Boys Lacrosse

“We have a very experienced group, so we have high expectations. The team has a lot of skill and talent, so we will be dangerous this season.” - Head coach Jeff Krasulski

Seniors: Paulie Weinrich, Connor Gaughan, Xander Kelly, Aj Dierksen, Brady Quinn, Shawn Santise, Jack Sullivan, Logan Kelly and Kyle Smirman

Key Players: Paulie Weinrich, Connor Gaughan, Xander Kelly, Peyton LaRocca and Logan Kelly

Compiled by Sophia Ball



Senior Paulie Weinrich

Girls Lacrosse

“I’m always excited for a new season. I can’t wait to see how the team learns and grows together.” - Head coach Bernadine Salak

Seniors: Ella Vogel, Leah Weinreb, Sara Flick, Kathryn Matthews and Alexa Larca

Key Players: Ella Vogel, Leah Weinreb, Sara Flick, Kathryn Matthews, Alexa Larca, Ava Kraszewski, Carrigan McCormack, Madison Gifford, Mikaela Shallo, Haleigh Sibilina and Adrianna Buchanan

Compiled by Hazel Buro



Senior Ella Vogel

Sports

Boys Track & Field



Senior Scott Holderith

"We are excited to get started and hope to continue to improve throughout the season." - Head coach Nick Quaglia

Seniors: Armand Ruest, Bradley Coe, Justin Hernandez, Scott Holderith, Clint Murray and Michael Morales

Key Players: Armand Ruest, Bradley Coe, Justin Hernandez, Aiden Black, Charlie McClain, Henry Goginsky, Jayden Ramirez, Nixon Kameen, Bobby Russo, Dan O'Keefe and Ben Bailor

Compiled by Michael Helt

Girls Track & Field



Sophomore Clara Newton

Seniors: Sophia Ball, Samantha Shewack, Maddie Gecik, Rebecca McFeely, Meaghan Hunt, Haley Troup and Adriana Capo

Key Players: Sophia Ball, Samantha Shewack, Maddie Gecik, Haley Troup, Ryan O'Connor, Nicole Musselwhite, Anna Vogel, Liliana Coe, Teizu Jones, Fiona Ring, Kat Quinn, Kayla Sykes and Regan Curabba

Compiled by Michael Helt

Baseball



Sophomore Isaiah Berrios

"We are talented but inexperienced, building off last year, we want to get to 10 wins, get above .500 and go to the district final."
- Head coach Sean Giblin

Seniors: Aidan Hyams and Tye Irving

Key Players: Ronan McManus, Isaiah Berrios and Keaton Phillips

Compiled by Bobby Russo

Softball



Senior Olivia Conza

"We're looking forward to going out and being able to compete against the best teams in District 2, and as always, we want to win the league championship."
- Assistant coach Tony Bajor

Seniors: Emily Henn and Olivia Conza

Key Players: Emily Henn, Olivia Conza and Avery Calvario

Compiled by Cassandra Joyce

Volleyball

"We are looking forward to being competitive this year in league play and building on our team from last year."
- Head coach Heather Holdredge

Seniors: Keith Sublett, Trevor Johnson and Lucas Pauley

Key Players: Chris U'Glay, Aidan Papula, Lucas Pauley, Karter Peereboom, Trevor Johnson, Keith Sublett and Tommy Parker

Compiled by Kat Quinn



Senior Lucas Pauley

Tennis

"[I'm looking forward to] rebuilding this year. We lost two really good seniors, so the guys we have will have to step up."
- Head coach Kevin Quinn

Seniors: Wil Salus

Key Players: Wil Salus, Michael Richards and Alex Corcoran

Compiled by Aidan McBride



Senior Wil Salus